3. PRECAST CONCRETE VOLUMETRIC SYSTEM PBU

Precast concrete volumetric prefabricated bathroom unit (PBU) is one of the most commonly used PBU systems in Singapore. Its main advantage is its robustness and readiness to accommodate repair and maintenance, which far outweighs the disadvantages posed by its heavier weight and the top down installation method (critical path).

This chapter outlines the considerations in design, production, installation and maintenance of precast concrete volumetric PBU including architectural and M&E work sequence, transportation, lifting and protection, installation and replacement.
3.1 Design Considerations

Design parameters are critical for any construction work. In the case of PBU, design parameters such as structural, architectural, M&E works, installation, and subsequent maintenance challenges must be determined early to ensure that the PBU system is integrated and can be incorporated in the overall building design. A good PBU design should provide practical solutions to address potential issues arising in different stages of PBU’s life cycle including future renovation. It is also important the design meets the requirements in the Code on Accessibility in the Built Environment.

3.1.1 Architectural Design Considerations

a. Dimension

Dimensions (to confirm)

b. Location of Service Ducts and Access for Maintenance

An efficient volumetric system requires careful consideration and confirmation of the overall dimensions. The overall dimensions and design should take into consideration space/floor area taken up by the double wall/floor systems, structural drop slab and storage heater (if any) to ensure effective use of space. The types of bathrooms should be standardized to achieve economy of scale production while providing sufficient design variation.

The routing and connection of services should be predetermined and coordinated with the PBU manufacturer during the design stage.
c. Layout

The locations of door and window openings and layout of fixtures and M&E services should be functional and practical. The formwork mould for volumetric PBU production is dependent on the locations of these openings. It is recommended that the general layout of the prefabricated bathroom unit be provided in the homeowner user manual.
The location of the service shaft is critical to the maintenance of the precast concrete PBU.

It is important to make the vertical service shaft accessible for future repair and maintenance works of the PBU.
3.1.2 Structural Design Considerations

As precast concrete PUB typically weighs up to 9 tons, it is necessary to ensure that the structural strength of different types of receiving platforms are adequately designed. Use of different types of concrete, such as lightweight concrete or high strength concrete can reduce the overall weight of PBU. The design of the hoisting and lifting devices placed within the precast elements is also crucial to facilitate the installation process. The choice of structural system may have an impact on the buildability score of the project.

a. Double Slab System

Structural design of the secondary slab has to incorporate a gradient to an outlet at the lowest point for drainage.

b. Single Slab System

Perimeter beams for seating PBU

Corbels for seating PBU
c. Lifting and Hoisting Devices

Different types of lifting and hoisting devices
3.1.3 M & E Design Considerations

The design considerations for M&E services will determine the placement and routing methods of these services.

Embedded services within PBU

Recesses/block-outs provided for services

Shallow floor trap

Conventional S or P trap

Cast-in air-con drain pipe

Air-con drain pipe connecting direct to stack

Different ways of routing the air-con drain pipe
3.2 Bathroom Production

3.2.1 Precast Unit Production

A good design and specification of the formwork mould is crucial for producing high quality precast concrete PBU. The steel plate thickness for the precast concrete mould must be sufficiently designed to withstand the concreting pressure. The use of checker plate formwork (for concrete surface receiving finishes) improves bonding between the finished concrete and the adhesive. Proper propping supports should also be provided during the concreting process.

Use of checker plate formwork
Props to formwork
Damage after stripping formwork
Demoulding defects
To improve productivity in the manufacturing process, it is advisable to cast the base slab to the required water gradient (as indicated below) to cut down the screeding process.

If the slab is cast without gradient, it is important to control the thickness of the screed to achieve the required gradient for water flow.

*Please refer to Appendix A - Sample of Inspection and Test Plan
Please refer to Appendix B - Request for Inspection Form*
Please refer to Appendix A - Sample of Inspection and Test Plan
Please refer to Appendix B - Request for Inspection Form
3.2.2 Architectural and M&E Works Sequence

After the completion of precast concrete shell fabrication, the next construction process will be the architectural and M&E works. The application of waterproofing as well as water-ponding test is always an important process towards achieving primary functionality of the PBU. Other key architectural works include fixing of door and window frames, followed by tiling works and installation of sanitary wares and components. Adequate allowance for movement joints should be made for PBU and window and door joints openings.


Waterproofing system must be tested before receiving architectural works

Install window frame

Door and window frame installation
All fragile fixtures can be installed at the last stage of fabrication to minimise possible damage. The architectural internal finishing works should be properly protected before delivery of the precast concrete PBU to site.
3.2.3 Manufacturer's Label

The manufacturer's label should be incorporated in the completed PBU before delivery. This label must be visible to users and should be used as a reference for any repair, replacement and renovation work. It is recommended that the location of the manufacturer's label be provided in the homeowner user manual.

Name of Manufacturer

Date of Manufacture: MM/YYYY
Material of Wall Panel
Material of Floor Pan

Company Address and Contact Number
3.3 Protection, Transportation and Lifting

A well-planned transportation, lifting, protection and storage system for the PBU is important to ensure minimal damage to the finished product before and after the PBU is installed at the site.

Proper coordination and planning of delivery of PBU can help to resolve the logistical hassle of insufficient storage space, double handling and control of access to the PBU.
3.4 Installation

The readiness of the construction site to receive the PBU is critical to the successful installation of the PBU. It is also important to understand the different structural systems that are designed to receive the PBU at site, viz:

- Double Slab System
- Precast Beam System
- Corbel System

The key feature of the double slab system is the fixed dimension of the secondary slab to receive the PBU. It is recommended that the gap between the two slabs be grouted to eliminate any possible water stagnation issues.
For precast beam system, the PBU is directly supported on the perimeter beams and hence the positions and dimensions of these beams must be constructed precisely.
3.5 M&E Connections and Final Fixings

The installation of M&E services and fittings is probably the most critical work process in the entire PBU fabrication as it affects the functionality and serviceability of the PBU. Design for the M&E pipes and duct works shall take into consideration their connectivity to power supply, water supply and sanitary drainage.

3.5.1 Provision for M&E Services

Generally, there are two methods of laying the M&E services in precast concrete PBU. The M&E pipes and conduits can either be cast together with the precast concrete shell or laid via block-outs or recess, which are provided for on the external or internal surfaces of the precast concrete volumetric shell.

For embedded M&E conduits, their positions must be precise and care should be taken to ensure they are properly bent and securely fastened for long-term durability.

The selection and installation of the embedded electrical conduits should comply with the relevant Code of Practice (CP5 & CP88).
Block-outs and recesses should be sufficiently provided for in accordance to the layout of M&E services for ease of connection to the M&E fittings.
3.5.2 Use of Shallow Floor Trap

It is common to utilize a shallow floor trap for PBU with double slab system or when there is constraint in floor height. Unlike the conventional floor trap system where pipes are exposed at the slab soffit, the shallow floor trap and its connecting sanitary pipes are fully concealed in the slab and connected to the main discharge stack directly.

In Singapore, the use of shallow floor trap is approved by Public Utilities Board (PUB) if the shallow floor trap is in compliance with EN 1253, which comprises the following 8 tests:

- Anti-blockage test
- Water tightness test
- Flow rate test
- Odour tightness test
- Resistance of water seal to pressure
- Depth of water seal
- Access for cleaning
- Side inlet
3.5.3 Use of Conventional Floor Trap

There is no special maintenance consideration for the use of conventional floor trap in the precast concrete PBU, except for the space required to accommodate the services with the provision of sufficient floor height.
3.5.4 Connection to M&E Fixtures

a. Wash Basin

The water and discharge works for the wash basin in the precast concrete PBU should follow the approved method statements and comply with the relevant Code of Practice for plumbing and sanitary works. Accuracy of the penetration joints from the precast concrete PBU to the connecting accessories (i.e. hoses, taps) of the wash basin is important for its functionality and overall alignment of the wash basin.

Positions and routes of the embedded M&E services should be clearly identified to prevent accidental damage caused by the drilling of anchors and supports for the wash basin.
b. WC Pedestal

Depending on the type of water closet (WC) pedestal used, the plumbing and sanitary connections of the WC may run horizontally through the wall or vertically to the floor slab of the precast concrete PBU. Accuracy of the penetration joints and sleeves from the precast concrete PBU to the accessories of the WC pedestal is important for its functionality and overall alignment. For better aesthetics, the jointing at any pipe penetration should be concealed or covered up neatly.
c. Shower Mixer Tap

When there is provision for a shower mixer tap, separate water pipes for hot and cold water should be catered for in the design and fabrication of the precast concrete PBU shell. The routing of the different water pipes could be demarcated by coloured tapes on the finished wall surfaces for clear identification of these pipes.
3.5.5 Routing of Air-conditioning Drain Pipes

Air-conditioning drain pipes are normally laid through the wall and floor slab at a gradient to discharge condensate water to the PBU floor trap. The air-conditioning drain pipes could be designed to run embedded in the precast concrete PBU floor slab connecting to the floor trap. An alternative is to run the insulated drain pipes through the false ceiling (if available) and connect directly to the discharge stack.
3.6 Maintenance, Replacement and Renovation

There are differences in the maintenance, replacement and renovation of precast concrete volumetric PBU as compared to conventional toilet. Therefore, it is important for developers and builders to provide a homeowner user manual upon completion of project for instructions and advice on how to maintain, replace and renovate the PBU.

As the wall and floor of precast concrete PBU may not be as thick as conventional toilet, the selection of appropriate tools and use of recommended methods of work execution can prevent damage to the precast concrete PBU. The types of tools and execution methods must be covered in the homeowner user manual.
3.6.1 M&E Concealed Services

For M&E services that are cast-in with concrete, both the tiles and concrete need to be hacked during repair works. For M&E services that are laid through block-outs, removal of tiles or surface finishes should suffice.

Hence, it is essential to provide the M&E concealed services locations through drawings and demarcation of route in the homeowner user manual. This can help homeowners and renovation contractors minimize damage during repair and replacement of M&E concealed services.
3.6.2 Waterproofing Drawings

The provision of waterproofing detail drawings can help homeowners and renovation contractors identify and prevent damage to the waterproofing during renovation, replacement and repair works.

3.6.3 Access Panel on Drywall

The location of access to the vertical stack must be made known to the user through the homeowner user manual to facilitate maintenance, repair, and replacement of M&E stack shaft. With the information, the homeowner can also plan their internal unit renovation without obstructing the access panel.
3.6.4 Ceiling Access Panel

The ceiling access panel is a common provision for toilets with false ceiling. The function of the access panel within the precast concrete PBU is to access and maintain all M&E works above the false ceiling, similar to that for conventional toilet.

3.6.5 Replacement of Other Items

Replacement of sanitary ware

Replacement of shower screen
The replacement of sanitary items and components within the PBU is similar to that for conventional toilet.

It is recommended that the method of removal and access to the M&E stack shaft be covered in the homeowner user manual. PBU designers should also explore other possible options to access the stack shaft.
Stack pipe shaft is accessible for maintenance on side of drywall partition.

Example of service duct access to stack pipe shaft.

Example of an accessible stack pipe shaft.